## Berkeley Social Welfare

# **Experience and Résumé Guidelines**

### for Applicants to the MSW Program

Applicants to the Berkeley MSW Program are required to upload to their online admissions application a current résumé highlighting all relevant social work experience, including both paid employment and volunteer experience.

# What experience is required to be eligible for admission to the Berkeley MSW Program?

- > To be eligible for admission to the Berkeley MSW Program, applicants must have the equivalent of at least one year of full-time (2,100 hours) of paid employment or volunteer experience related to social welfare or human services, completed by the time of application.
- For applicants to the specialization in **Strengthening Organizations and Communities**, the recommended minimum experience requirement is *two* years **(4,200 hours) completed by the time of application**.

# What kind of experience counts as "experience related to social welfare or human services?"

Since successful experience in the human services field provides a good test of commitment and aptitude, we seek to admit students who have begun social work or related careers, and demonstrate both professional promise and leadership potential.

We are looking for experience working directly with and on behalf of people and communities in need, including those experiencing social and emotional distress, vulnerable or marginalized populations, and those who are historically under-served.

#### **Examples of Relevant Experience**

## Some examples of paid or volunteer social work experiences that our admitted students had prior to applying to the MSW program include:

AmeriCorps Service Coordinator at home for the aging

Arts and Life Group Leader for elderly

Behavioral Intervention Aide/Behavioral Therapist for children with disabilities

Bilingual Case Manager in homeless shelter

Bilingual Prenatal Health Family Advocate with public health department

Board Director for Latino community violence agency

CASA (Court Appointed Special Advocate) Volunteer

Case Manager with arts program for youth with mental health concerns

Child Development Specialist with children who have experienced trauma

Clinical Intern with outpatient mental health program serving Spanish-speaking clients

Communication Coordinator at emergency room of community hospital

**Employment Transition Counselor for youth** 

Foster Care Caseworker

Home Visitor for underserved pregnant women

Hospice Volunteer

Intern with County Office for Homelessness Studies
Intern with middle school sex education program

Legal Advocate for those suffering from discrimination

Night Shelter Coordinator at homeless shelter

Peace Corps volunteer

Peer Educator with sexual assault prevention program

Program Associate for community philanthropy organization

Reproductive Health Assistant with community health agency

Research Associate for public schools

Research Project Coordinator for smoking prevention program

Senior Nutrition Program Coordinator at a county Meals on Wheels program

Social Service Program Manager

Spanish Outreach Coordinator with Alzheimer's and dementia organization

Special Education Aide

Substance Abuse Counselor
Summer in the City Intern at a social support agency for senior citizens
Support Group Volunteer for families facing lifethreatening illnesses

Teacher (all levels, special needs populations, Teach for America, etc.)
Tutor with at-risk, foster, and probation youth

#### **Examples of Experience NOT Considered Relevant**

Some examples of experience that would NOT be considered relevant for meeting the admission eligibility requirement include:

Administrative Assistant or Office Clerk Animal Shelter Volunteer Babysitter or nanny Data entry Fundraising volunteer Packing food pantry boxes
Research experience that does not include interviews/interactions with subjects
Retail or restaurant service work
Working only with other college students in a peer capacity

#### Résumé Guidelines and Tips

- 1. Follow the "Professional Social Work Experience" template provided below to highlight all relevant professional work or volunteer experience. All information listed in the template MUST be included on your résumé, **including the total hours worked at each position.**
- 2. Include all work, volunteer, or part-time positions that are specifically related to either your chosen specialization area or to the field of social welfare.
- 3. It is anticipated that most applicants will be able to cover the relevant information in one to three pages.

### **Professional Social Work Experience Template**

Position Title, Organization Location

Start Date to End Date Hours per week, **Total Hours Worked** 

- Describe your experience as it relates to the field of social welfare.
- Demonstrate how skills gained, tasks completed, or clientele involved have prepared you for professional social work.

### Sample Résumé Excerpt

Behavioral Therapist, Center for Autism Los Angeles, California

September 2015 to September 2016 20 hours/week, Total = 1,040 hours

- Utilized Applied Behavioral Analysis (ABA) therapy to teach communication, social, and adaptive skills on an individualized basis with children of all ages who have been diagnosed with autism
- Worked with parents and families from a variety of cultural backgrounds to teach appropriate behavior management techniques for their children

Health Advocate, Healthy Families United Los Angeles, California

June 2016 to November 2017 25 hours/week, Total= 1,700 hours

- Facilitated a weekly parenting skills group with Medi-Cal clients from various age ranges and socioeconomic backgrounds
- Presented safe sex and dating violence prevention curriculums in local public high schools