

Anthony Gómez, MSW

UC Berkeley School of Social Welfare
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EDUCATION

- 2020-
Present **Ph.D.**, Social Welfare, University of California, Berkeley
- 2020 **M.S.W.**, University of California, Los Angeles
Certificate in Human Services Management
- 2015 **B.A.**, Psychology with Distinction*, Pomona College
*Awarded to the top senior thesis in department

AREAS OF INTEREST

- Research:** Child welfare; transition-age youth; kinship care; family resilience;
child development; child & family well-being; parenting; poverty
- Teaching:** Child development; child and family policy; child welfare policy;
theories for multilevel practice

PUBLICATIONS

Peer-Reviewed Journal Articles

1. Hong, J. S., **Gómez, A.**, Fredrick, S. S., Espelage, D. L., Lawrence, T. I., Washington, T., & Voisin, D. R. (in press). Does spending time with parents protect African American adolescents from low self-esteem when bullied? *Journal of the Society for Social Work and Research*. <https://doi.org/10.1086/732145>
2. Hong, J. S., Choi, M. J., **Gómez, A.**, Padilla, Y., & Espelage, D. (2024). How receiving welfare assistance could be linked to children's bullying victimization: Exploring the potential pathways. *Behavioral Sciences & the Law*. <https://doi.org/10.1002/bsl.2663>

3. **Gómez, A.**, Wollen, S. L., Day, A. G., Garcia-Rosales, K. V., Feltner, A., Shearlock, A., & Delaplaine, G. (2024). "Now I am calm because they guide you:" A mixed-method exploratory study of the service needs and experiences of Latine kinship caregivers in Washington state. *Children and Youth Services Review*. <https://doi.org/10.1016/j.childyouth.2023.107420>
4. **Gómez, A.**, Guo, S., & Lau, C. S. (2023). Associations between family resilience, child flourishing, and school engagement among children in kinship care. *Families In Society*. <https://doi.org/10.1177/10443894231200660>
5. Mersky, J. P., Jeffers, N. K., Plummer Lee, C., Schlafer, R. J., Jackson, D. B., & **Gómez, A.** (2023). Linking Adverse Experiences to Pregnancy and Birth Outcomes: A Life Course Analysis of Racial and Ethnic Disparities among Low-Income Women. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-023-01647-w>
6. **Gómez, A.**, Mersky, J. P., Plummer Lee, C., Zhang, L., Schlafer, R. J., & Jackson, D. B. (2023). The long arm of maternal incarceration: Indirect associations with child social-emotional development. *Child and Adolescent Social Work Journal*. <https://doi.org/10.1007/s10560-023-00924-1>
7. Hong, J. S., **Gómez, A.***, Kim, J.*, & Peguero, A. A. (2023). Easy talking with parents as a buffer in the association between bullying victimization and declining academic performance among foreign-born and U.S.-born adolescents. *Applied Research in Quality of Life*. <https://doi.org/10.1007/s11482-023-10146-3> *Both A. Gómez and J. Kim contributed equally to the article and are co-second authors.
8. Wiegmann, W., **Gómez, A.**, & Hammond, I. (2022). Foster care and siblings. In Mullin, E. (ed.), *Oxford bibliographies in social work*. Oxford University Press. <https://doi.org/10.1093/OBO/9780195389678-0315>
9. **Gómez, A.**, Karimli, L., Holguin, M., Chung, P., Szilagyi, P., & Schickedanz, A. (2022). Bills, babies, and (language) barriers: Associations among economic strain, parenting, and primary language during the newborn period. *Family Relations*. <https://doi.org/10.1111/fare.12587>

10. **Gómez, A.** (2021). Associations between family resilience and health outcomes among kinship caregivers and their children. *Children and Youth Services Review*. <https://doi.org/10.1016/j.childyouth.2021.106103>
11. Borelli, J. L., Smiley, P. A., Rasmussen, H. F., **Gómez, A.**, Seaman, L. C., & Nurmi, E. L. (2017). Interactive effects of attachment and genotype on school-aged children's emotion regulation and depressive symptoms. *Behavioural Brain Research*. <https://doi.org/10.1016/j.bbr.2016.07.035>
12. Borelli, J. L., Smiley, P. A., Rasmussen, H. F., & **Gómez, A.** (2016). Is it about Me, You, or Us? Stress reactivity correlates of discrepancies in we-talk among parents and preadolescent children. *Journal of Youth and Adolescence*. <https://doi.org/10.1007/s10964-016-0459-5>
13. Glassmire, D. M., Tarescavage, A., Burchett, D., Martinez, J., & **Gómez, A.** (2016). Clinical utility of the MMPI-2 RF SUI items and scale in a forensic inpatient setting: association with interview self-report and future suicidal behavior. *Psychological Assessment*. <https://doi.org/10.1037/pas0000220>

Manuscripts In Progress

1. Park, K., Eastman, A. L., **Gómez, A.**, & Courtney, M. E. (under review). Risks of incarceration: Impact of social support networks during the transition to adulthood. *Social Work Research*.
2. **Gómez, A.**, Karimli, L., & Ismayilova, L. (under review). Addressing food insecurity among ultra-poor families: Findings from a randomized-controlled trial in Burkina Faso. *World Development*.
3. **Gómez, A.**, Mersky, J. P., & Plummer Lee, C. (under review). Do global perceptions of childhood happiness moderate the effects of adverse childhood experiences? *Journal of Happiness Studies*.

Policy Briefs and Reports

1. **Gómez, A.**, Eastman, A. L., & Courtney, M. E. (2024). Documenting Out-of-County Residences for Young Adults in Foster Care. School of Social Welfare, University of California, Berkeley.

2. **Gómez, A.** & Courtney, M. E. (2024). [Employment and Earnings Outcomes Among Transition-Age Youth in Care](#). School of Social Welfare, University of California, Berkeley.
3. Courtney, M. E., Eastman, A. L., **Gómez, A.**, Hammond, I., Babbit, J., & Park, S. (2023). [Counties Matter: The Influence of County Context on Services and Outcomes for Transition-Age Youth in Care](#). School of Social Welfare, University of California, Berkeley.
4. **Gómez, A.**, Day, A., Willis, T., & Vanderwill, L. (2023). LAUSD Baseline Survey and Focus Group Findings Report. Los Angeles Unified School District. Los Angeles, California.
5. Day, A., Vanderwill, L., Willis, T., & **Gómez, A.** (2023). LAUSD Pre-Post and Satisfaction Report. Los Angeles Unified School District. Los Angeles, California.
6. Wollen, S., **Gómez, A.**, Day, A., Willis, T., & Estrella, E. (2023). [Supporting the academic success of students with foster care experience: Lessons from Sweetwater Union High School District](#). Center for the Transformation of Schools, School of Education & Information Studies, University of California, Los Angeles.
7. Park, K., Courtney, M. E., & **Gómez, A.** (2022). [Psychotropic medication use and attitudes among transition-age youth](#). School of Social Welfare, University of California, Berkeley.
8. **Gómez, A.** & Courtney, M. E. (2022). [Transition-age youth in kinship care: Trends over time from the CalYOUTH Study](#). School of Social Welfare, University of California, Berkeley.
9. Nadon, M. L., Park, S., Feng, H., Courtney, M. E., & **Gómez, A.** (2022). [Examining prevalence and predictors of economic hardships for transition-age youth](#). School of Social Welfare, University of California, Berkeley.

AWARDS & HONORS

Funding

2024	California Policy Lab Graduate Fellowship, California Policy Lab (\$10,000)
2023	Grand Challenges for Social Work Doctoral Award, Grand Challenges for Social Work (\$3,000)
2022- 2024	Predoctoral Fellowship, Institute for Child and Family Well-Being, University of Wisconsin-Milwaukee (\$6,000 per year)
2021- Present	Luis Carrillo Endowed Fellowship, UC Berkeley School of Social Welfare (\$3,000 per year)
2021, 2022, 2023, 2024	Social Welfare Graduate Student Summer Award, UC Berkeley School of Social Welfare (2021-23: \$5,000 per year; 2024: \$4,000)
2020- Present	Berkeley Graduate Fellowship, UC Berkeley Graduate Division (\$31,500 per year)
2019-2020	Luskin Leadership Fellowship, UCLA Luskin School of Public Affairs (\$30,000)
2018-2019	Child Welfare Policy Cluster, UCLA Luskin School of Public Affairs (\$1,000)
2018-2019	Graduate Opportunity Fellowship, UCLA Graduate Division (\$20,000)
2014	Summer Undergraduate Research Program, Pomona College (\$2,000)
2013	Minority Undergraduate Research Program, Caltech (\$3,000)

Honors

2024	Paul Crissey Graduate Student Research Award (2 nd place), California Professional Society on the Abuse of Children (\$375)
2021	HSF Scholar, Hispanic Scholarship Fund
2020	MSW Capstone Award, UCLA Luskin School of Public Affairs
2015	Psychology Prize, Pomona College

2014, 2015 Pomona College Scholar, Pomona College

RESEARCH EXPERIENCE

- 2022-
Present **Graduate Student Researcher**, Transition-Age Youth Research & Evaluation Hub, University of California, Berkeley
Principal Investigators: Andrea Lane Eastman, Ph.D.; Mark Courtney, Ph.D.
Responsibilities: Synthesize research from the CalYOUTH Study into policy briefs for child welfare practitioners and policymakers. Coordinate California Launch of TAY-Hub collaborations with communities of interest and research partners. Analyze administrative and survey data pertaining to extended foster care and outcomes of transition-age youth with foster care experience.
- 2022- 2024 **Predoctoral Fellow**, Institute for Child and Family Well-Being, University of Wisconsin-Milwaukee.
Principal Investigator: Joshua Mersky, Ph.D.
Responsibilities: Use longitudinal home visiting data from the Families And Children Thriving (FACT Study) to conduct moderation and path analyses examining intergenerational mental health and child development outcomes. Lead development of manuscripts for publication in peer-reviewed journals.
- 2021-
Present **Graduate Student Researcher**, California Child Welfare Indicators Project, University of California, Berkeley
Principal Investigator: Daniel Webster, Ph.D.
Responsibilities: Conduct quality assurance reviews for the California Child Welfare Indicators Project. Create codebooks for data and social service partners. Compile empirical literature and draft bibliographies for publication.
- 2021 **Graduate Student Researcher**, University of California, Berkeley
Principal Investigator: Emmeline Chuang, Ph.D.
Responsibilities: Assisted with the social network analysis of human service agencies participating in California's Whole Person Care Pilot. Cleaned and analyzed organizational network data. Conducted interviews with frontline staff and code interview data. Compiled and submitted findings for conference presentation.
- 2019-2020 **MSW Capstone**, University of California, Los Angeles
Principal Investigator: Adam Schickedanz, M.D., Ph.D.
Responsibilities: Cleaned and analyzed baseline survey data for parents receiving financial coaching intervention. Conducted

literature review and drafted manuscript for MSW capstone project and publication.

- 2015-2016 **Lab Manager**, Pomona College
Principal Investigators: Jessica Borelli, Ph.D.; Patricia Smiley, Ph.D.
Responsibilities: Coordinated recruitment and data collection for an at-home intervention for mothers with young children. Trained undergraduate, post-baccalaureate, and graduate student research assistants in survey and interview administration. Conducted semi-structured interviews (AAI, PDI) with parents. Organized and cleaned data.
- 2014-2015 **Research Assistant**, Pomona College
Principal Investigators: Jessica Borelli, Ph.D.; Patricia Smiley, Ph.D.
Responsibilities: Administered surveys and conducted semi-structured interviews with parents and children in English and Spanish. Developed and implemented group therapy intervention for youth living in congregate care. Analyzed survey and interview data.
- 2013 **Research Fellow**, Caltech
Principal Investigators: Ralph Adolphs, Ph.D.; Justin Feinstein, Ph.D.
Responsibilities: Collected data on behavioral correlates of satiation and decision making. Analyzed data and presented findings at Caltech's Annual Minority Undergraduate Research Fellowship Conference.
- 2012-2013 **Research Assistant**, Patton State Hospital Department of Psychology
Principal Investigator: David Glassmire, Ph.D., ABPP
Responsibilities: Performed data entry for assessment and narrative data in SPSS. Reviewed MMPI-2RF intake scores and patient charts. Conducted literature review.

TEACHING EXPERIENCE

Courses

- Summer
2022, 2023 **Instructor of Record**, UC Berkeley School of Social Welfare
SOCWEL 212: Child Development from Infancy to Adolescence in its Social Context; Average overall course rating across 2022-23: 6.9/7.0
- Spring 2015 **Teaching Assistant**, Pomona College

Invited Presentations

1. **Gómez, A.**, Lovato, K., Courtney, M. E., Eastman, A. L., & Agarwal, A. (2024). *Immigration Status and Transitional Independent Living Plan Completion Among Transition-Age Youth*. Invited presentation at the County Welfare Directors Association Transition-Age Youth Subcommittee Meeting on July 24, 2024.
2. **Gómez, A.** (2024). *Bringing Development to the Forefront: An Investigation of Foster Care Trajectories and Placement Instability among California Adolescents*. Guest lecture presented for the University of Southern California's School of Social Work: Policy Analysis and Advocacy taught by Andrea Lane Eastman, PhD. Spring 2024.
3. **Gómez, A.** (2022). *The Long Arm of Maternal Incarceration: Indirect Associations with Children's Social-Emotional Development*. Guest lecture presented for UC Berkeley's School of Social Welfare: Research Colloquium taught by Susan Stone, PhD. Fall 2022.
4. **Gómez, A.** (2021). *Kinship Care*. Guest lecture presented for UC Berkeley's School of Social Welfare: Introduction to Child Welfare in California and the U.S. taught by Ivy Hammond, MSW. Summer 2021.

CONFERENCE ACTIVITY

Peer-Reviewed Oral Presentations

1. **Gómez, A.**, Karimli, L., & Ismayilova, L. (2024). Addressing food insecurity among ultra-poor families: Findings from a randomized-controlled trial in Burkina Faso. Presented as an oral paper to the *Society of Social Work and Research*. January 2024, Washington, D.C.
2. **Gómez, A.**, Mersky, J. P., & Plummer Lee, C. (2024). Do global perceptions of childhood happiness moderate the effects of adverse childhood experiences? Presented as an oral paper to the *Society of Social Work and Research*. January 2024, Washington, D.C.
3. **Gómez, A.**, Mersky, J. P., Plummer Lee, C., Zhang, L., Jackson, D., & Schlafer, R. (2023). The long arm of maternal incarceration: Indirect associations with children's social-emotional development. Presented as a part of the paper

symposium titled *Pregnancy, Parenting, and Criminalization: A Social Work Perspective Grounded in Reproductive Justice to the Society for Social Work and Research*. January 2023, Phoenix, AZ.

4. Day, A., **Gómez, A.**, Wollen, S., & Willis, T. (2022). Supporting academic success among foster youth: A four district case study. Oral presentation presented at the *California Multi-Tiered Support System 2022 Professional Learning Institute*. July 2022, Anaheim, CA.
5. **Gómez, A.** (2022). Associations between family resilience and health outcomes among kinship caregivers and their children. Oral paper presented at the *Society for Social Work and Research*. January 2022, Washington, D.C.
6. Miyashita-Ochoa, A., Serna, S., García, A. S., **Gómez, A.**, González, F., & Hernández, M. (2020). Immigration detention: The racialized response to violence and trauma. Roundtable presented at the *Society for Social Work and Research*. January 15-19, 2020, Washington, D.C.
7. Serna, S. & **Gómez, A.** (2019). (Im)migration and detention: Trauma informed practice and advocacy. *Latino Mental Health Conference: Latinx Intersectionality: Strength*Power*Change*. September 4, 2019, Los Angeles, CA.
8. **Gómez, A.**, Borelli, J. L., Smiley, P. A., Rasmussen, H. F., Seaman, L. C., & Nurmi, E. L. (2017). Interactive effects of attachment and genotype on school-aged children's emotion regulation and depressive symptoms. *International Society for Developmental Psychobiology*. November 9-12, 2017, San Diego, CA.
9. Smiley, P., Bond, D. K., **Gómez, A.**, & Borelli, J.L. (2016). Explaining introjected motivation: Roles of maternal attachment avoidance and satisfaction of the need for relatedness. *6th International Self-Determination Theory Conference*. June 2-5, 2016, Victoria, BC, CA.
10. Borelli, J. L., Burkhart, M., Smiley, P. A., Buttita, K., Bond, D. K., & **Gómez, A.** (2016). Relational savoring in parents of young children. *The 2016 Western Psychological Association Convention*. April 28-May 1, 2016, Long Beach, CA.

Peer-Reviewed Poster Presentations

1. Hong, J.S., Choi, M.J., **Gómez, A.**, Padilla, Y.C., & Espelage, D.L. (2023). Public assistance and children's bullying victimization: Exploring the potential pathways. Presented at the *Council on Social Work Education Meeting 2023 Annual Program Meeting (APM)*, Atlanta, GA, October 26-29, 2023.
2. **Gómez, A.** & Guo, S. (2023) Associations between family resilience, child flourishing, and school engagement among children in kinship care. Presented at the *Society for Social Work and Research*. January 2023, Phoenix, AZ.
3. Chuang, E., **Gómez, A.**, Safaeinili, N., Haley L. A., & Pourat, N. (2021). Using social network analysis to identify collaborative strategies that effectively bridge health, behavioral health, and social services. *The 14th Annual Conference on the Science of Dissemination and Implementation in Health*. December 14-16, 2021.
4. Girth, A., Chuang, E., Bhaiji, A., Safaeinili, N., **Gómez, A.**, Haley L. A., & Pourat, N. (2021). Using contracts to facilitate cross-system care coordination in California's Medi-Cal Whole Person Care Pilot Program. *The 14th Annual Conference on the Science of Dissemination and Implementation in Health*. December 14-16, 2021.
5. Smiley, P. A., Kwon, S. H., Jarvik, E., Boparai, S., Zhou, E., Hong, K., **Gómez, A.**, & Borelli, J. L. (2017). Low resting RSA mediates associations between conditional regard for anger and children's trait and state negativity. Biennial Meeting for *Society for Research in Child Development*. April 2017.
6. **Gómez, A.**, Herrera, J., Jun, H., Dailey, J., Sbarra, D., & Borelli, J. L. (2016). Naive coders' and self-report ratings of post-separation attachment. *Western Psychological Association*. April 28-May 1, 2016, Long Beach, CA.
7. **Gómez, A.**, Girard, A., Padilla, M., Brownlee, M., Jun, H. I., Palmer A., Sohn, L., Cash, S., Fritzsche, S., & Smiley, P. A. (2016). Preoccupied attachment mediates association between mother's conditional regard and depressive symptoms in school-aged children. Biennial meeting for the *Society for Research on Adolescence*. March 31-April 2, 2016, Baltimore, MD.
8. **Gómez, A.** & Borelli, J. L. (2015). The effects of a reflective functioning intervention on youth living in residential treatment. Biennial meeting for the

7th International Attachment Conference. August 6-8, 2015, New York, New York.

9. **Gómez, A.**, Girard, A., River, L., Sichko, S., Bond, D. K., Borelli, J. L., & Smiley, P. A. (2015). Maternal emotional distance is linked to children's introjected academic motivation. Biennial Meeting for *Society for Research in Child Development*. March 19-21, 2015, Philadelphia, PA.
10. Sichko, S., Rasmussen, H., Borelli, J. L., Smiley, P. A., **Gómez, A.**, Girard, A., & River, L. (2015). Children's perception of relationship closeness as a buffer against parental overcontrol and depression in middle childhood. Biennial meeting for the *Society for Research in Child Development*. March 19-21, 2015, Philadelphia, PA.
11. Wang, A., Bond, D. K., Bouche, V., Roberts, R., **Gómez, A.**, Rasmussen, H. F., Borelli, J. L., Smiley, P. A., & Rice, R. (2015) Exploring the efficacy of a relational savoring intervention in a foster home context. *Society for Personality and Social Psychology*. February 26-28, 2015, Long Beach, CA.

ACADEMIC SERVICE

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| 2023-
Present | Society for Social Work and Research Doctoral Student Committee , Mentoring Subcommittee |
| 2022-
Present | Doctoral Student Representative , Dean's Advisory Board, School of Social Welfare, UC Berkeley |
| 2020-
Present | Ad Hoc Reviewer <ul style="list-style-type: none">• Family Relations (6 manuscripts)• Families in Society (1 manuscript)• Children and Youth Services Review (1 manuscript) |
| 2018- 2020 | MSW Student Alliance Co-Chair , University of California, Los Angeles |
| 2016- 2020 | Mentor , Queer Foundation |
| 2018- 2019 | Student Representative , Social and Economic Justice Faculty Committee, University of California, Los Angeles |
| 2019 | Border Initiative Service Trip , University of California, Los Angeles |

2019 **Conference Organizer**, Child Welfare Policy Cluster and Luskin Latinx Caucus

2014- 2015 **Student Liaison**, Department of Psychology, Pomona College

PROFESSIONAL EXPERIENCE

2021- Present **Evaluation Consultant**, University of Washington Partners For Our Children
Responsibilities: Provide mixed-method analytic support for evaluations examining academic outcomes among California foster youth, kinship navigator programs in Washington State, and the implementation of the Monarch Room Intervention at Los Angeles Unified School District. Conduct quantitative analysis of CDE administrative data describing foster youth academic outcomes and survey data examining kinship caregiver needs. Support development of qualitative interview guides and demographic scales for evaluations. Conduct focus groups with teachers, school counselors, and district administrators. Conduct content analyses of interview and focus group data. Translate scales and other evaluation materials into Spanish. Draft evaluation reports and manuscripts for publication in peer-reviewed journals.

2020- Present **Analytic Consultant**, UNITE-LA
Responsibilities: Acquire and analyze ACS IPUMS data for UNITE-LA's [Charting Progress Toward L.A. Compact Goals Data Dashboard](#). Calculate rates of disconnected youth in Los Angeles County and California. Maintain an updated technical appendix for online dashboard.

2020- 2022 **Intern**, Los Angeles County Office of Child Protection
Responsibilities: Provided analytic consulting for the Office of Child Protection's Los Angeles County Prevention Metrics Project. Analyzed data from IPUMS ACS, California Department of Education, and County departmental programs. Conducted background research. Composed data story narratives for online dashboard.

2019- 2020 **Luskin Leadership Fellow**, Los Angeles County Office of Child Protection
Responsibilities: Assisted in the development of countywide Prevention Metrics. Acquired and analyzed administrative and Census data from LAUSD, California Department of Education, and

IPUMS American Community Survey. Conducted focus groups with foster caregivers.

- 2018- 2019 **MSW Intern**, Los Angeles County Department of Mental Health
Responsibilities: Provided bilingual case management and psychotherapy. Administered intake assessments, developed treatment plans, and coordinated with external service providers. Co-led social skills group.
- 2016- 2018 **Outreach Coordinator**, Child Care Alliance of Los Angeles
Responsibilities: Coordinated and led bilingual (English and Spanish) training, technical support, and external communications for the California Early Care and Education Workforce Registry. Collaborated with County stakeholders to integrate Registry into existing professional development systems for child care providers.
- 2015- 2016 **Lab Manager**, Pomona College
Responsibilities: Oversaw daily operations of Child Attachment, Relationships, and Emotion Lab. Provided training and technical assistance to undergraduate and graduate research assistants. Coordinated participant recruitment.

PROFESSIONAL AFFILIATIONS

- 2024- Present **Student Member**, The American Professional Society on the Abuse of Children
- 2019- Present **Student Member**, Society for Social Work and Research
- 2018- Present **Student Member**, American Psychological Association Division 37
- 2018- Present **Member**, National Association of Social Workers
- 2014- Present **Member**, Psi Chi Psychology Honor Society
- 2013- Present **Member**, Sigma Delta Pi Spanish Honor Society

SKILLS

Fluent in Spanish & English (speaking, reading, and writing)
Proficient in Stata, R, SPSS, & MPlus